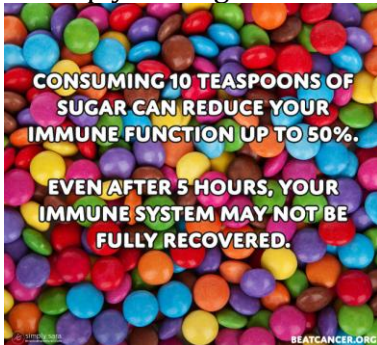


DO NOT UPLOAD THE THUMBNAILS IN THIS DOCUMENT TO FACEBOOK. THEY ARE LOW-RESOLUTION AND ARE JUST PLACED HERE FOR REFERENCE. THANKS!

Around Lunch

Pre-Party Post: The CDC says the best way to prevent the spreading of infection and illness is to keep your hands clean. But, we all knew that, right? Come back tonight and learn how to fight back with food and Juice Plus+!

One of the simplest ways to support a healthy immune system in preparation for flu season is to reduce your sugar intake. What would make it easier on you to be able to drop your sugar intake on a regular basis?



7:50

Reminder Post: Our healthinar starts in 10 minutes! The event tonight will be fast-paced and informative with a post every few minutes. The most recent post will be "pinned" to the top of the page. If you fall behind or don't see any new posts, you may need to refresh or scroll to the top of the page.



8:00

Post #1: It takes a little bit of everything to stay well but some things have more of an effect than others. While an apple a day may not actually keep the doctor away, a diet centered around whole foods can absolutely reduce your risk.

How many servings of fruits and vegetables have you eaten so far today? If you're already a customer of ours, don't include your Juice Plus+ into your count!



8:04

Post #2: Take a look at the graphic below. On the left you'll find some popular immune boosting vitamins derived from food, but on the right you'll see only some of the other hundreds of phytonutrients you're missing out on. An apple has so many phytonutrients; they couldn't even fit them all on this page!

If you could add one super-charged food to your diet, whether you like the taste or not, what would it be?



8:07

Post #3: Dr. Bill Sears (father of Dr. Jim Sears on The Doctors) talks about the effects on Juice Plus+ and inflammation. Inflammation is closely intertwined with almost every chronic health problem, from simple seasonal allergies all the way to cancer. Inflammation is now said to be the “silent killer.” By the time we see symptoms of inflammation, it’s already wreaking havoc on our bodies.

What health problems do you currently struggle with?

<http://youtu.be/JYrZFCc9KhQ>

8:11

Post #4: Juice Plus+ isn’t just for the chronically sick. Everyone can benefit from good nutrition! Oxidative Stress isn’t a topic we hear about very often but things even healthy people encounter every day can cause it: eating, breathing, exercising, trauma, injury and even some prescription drugs. Oxidative Stress can cause countless chronic conditions, age you more quickly and even lower your immune system. A well balanced diet, charged with antioxidants, can help reduce the effects of Oxidative Stress in our bodies.

For the fitness-minded here tonight, what are some of your favorite exercise methods?

<http://youtu.be/iIP0JwQFA4o>

8:15

Post #5: “But how do we know it really works?” I am glad you asked! I want to know that what I’m ingesting is exactly what it says it is and does exactly what it says it does - and nothing more. I am too much of a natural born skeptic to make a decision purely based on a few YouTube videos and Facebook testimonials.

Juice Plus+ is the most clinically proven natural product in the world. Juice Plus+ products also carry the NSF seal. That ensures that what you see is what you get. You won’t find any high levels of metals or other contaminants and you can rest assured that what the label says, the product contains - and nothing more.

With the cold and flu season so quickly approaching, what concerns do you have for your family?



BUT YOU CAN TRUST CLINICALLY PROVEN RESEARCH.

8:18

Post #6: “Something that good has got to be outrageously expensive then?” Not really! Cut out one trip to the vending machine at work each day and you’ve got it paid for right there. Since Juice Plus+ bills monthly, it’s so convenient to work into the budget too.

If you could eliminate one guilty-pleasure junk food or drink from your diet, what would it be?



8:21

Post #7: Take a second and think about how much you spent the last time your family came down with a bug. Take into consideration money paid at the doctor's office, prescriptions and over the counter medicines. You may have even had to take unpaid time off from work and stocked your kitchen with "sick food" until everyone was better. Preventing illness with a strong immune system is better all around, for everyone involved than staying home sick every other month. Prevention doesn't have to be expensive though, under the Children's Health Study, children ages 4 through undergraduate college can even get their Juice Plus+ for free with any adult order!

Out of the Children's Health Study Results below, what changes would you most like to see in you or your children?



8:25

Post #8: As our healthinar starts to wind down, take a look at this video and swallow a big dose of hope.

Dream a little with me, what could bettering your health ultimately bring to your life?

<http://youtu.be/pAE1zMJHIRU>

8:30

Post #9: We are committed to pay health crisis care, after our health has already deteriorated, but shouldn't we view prevention as even more valuable? I for one, am a BETTER me, when I invest in my health and it makes the rest of my life so much more enjoyable.

If you are already a Juice Plus+ customer, what changes have you already noticed in your life?

WHICH PLAN IS RIGHT FOR YOU? © simply sara

Plan Name	Daily Price	Monthly Price
THE MAX	\$4.42 DAILY	\$132.75 MONTHLY
THE STAPLES	\$3.53 DAILY	\$106.00 MONTHLY
THE SHAKE	\$2.05 PER SHAKE	\$61.50 MONTHLY (AT ONE SHAKE DAILY)
THE BASIC	\$1.48 DAILY	\$44.50 MONTHLY
THE TRIO	\$2.38 DAILY	\$71.25 MONTHLY

PLUS TAX WHERE APPLICABLE
IF CAPSULES AREN'T YOUR THING, ASK ABOUT OUR CHEWABLES!

8:33

Post #10: It really is as easy as 1, 2, 3! If you let Juice Plus+ build the foundation, the rest of your goals will follow much more easily. You will probably find yourself craving less sugar and more fresh food, drinking more water instead of sweetened beverages and you might be surprised at how much more energy you have again!

It's easy to exercise if you have the energy. It's easy to choose healthy food if you don't have cravings for junk food. It's easy to drink water when your body is re-taught how to act once we give it the fuel it deserves! It's easy to reduce stress once you learn the proper techniques!

What would you most like to see as a permanent change in your own lifestyle?

Stuck in a health rut?

START
Start with Juice Plus+.

BREATHE
Breathe 3 times daily for 3 minutes of relaxation.

SLEEP
The recommended 7-8 hours every night.

EAT
Eat fresh fruits, veg, nuts/seeds/beans, food.

EXERCISE
Do moderate daily activity every day.

WATER
Add 8oz of Juice Plus+ to your water every day!

WHY JUICE PLUS+ PRODUCTS?
Juice Plus+ products are made from natural fruits and vegetables that are rich in antioxidants and fiber. They are also low in sugar and calories, making them a healthy and delicious addition to your diet.

BECOME TRANSFORMED
Complete the cycle.

© simply sara

8:36

Post #11: Thank you so much for joining us tonight!

You're at a crossroads. Consider the path you are currently traveling. Are you getting the results you want, or are you ready for a new path? Perhaps, a healthier, more vibrant path?

It could start with one simple change, adding the clinically proven power of Juice Plus+. If you are ready for that life, please visit the website of whomever invited you or contact them personally! We hope that you are encouraged with a hope for your future healthy self!

