

Do Antioxidants interfere with ChemoTherapy

The idea that antioxidants will interfere with chemotherapy and radiation has been a long held and erroneous way of thinking and approaching nutrition in the cancer patient.

Dr. Mary Hardy is one of the most outspoken critics of this flawed thinking and has done numerous literature searches to try and find studies that support this thinking and has written several scholarly articles rebutting this whole notion.

There is simply no data to support this idea. It is all theoretical and at least one study (attached) has proven this theory absolutely wrong coming out of the Dana Farber Cancer Institute (affiliated with Harvard Medical School).

I have attached a link to what I believe is an interview with Dr. Hardy of the UCLA School of Medicine, which should highlight her stand on the use of antioxidants during cancer therapy.

<http://www.blogtalkradio.com/justoncology/2013/08/14/mary-hardy-md>

Here's my interview with Dr. Kim Dalzell from 2012 on the subject of cancer and nutrition on a Monday night call

<http://www.drmattbrown.org/#!/videos/c1wt>

Of course, we know that Juice Plus+ stands alone as *not being* an isolated antioxidant supplement and that makes the argument to use Juice Plus+ during treatment even more compelling since we should be supporting the immune system during chemotherapy with powerful nutrition.

Hope that helps.

My best,

Matt Brown, MD