





Solar Radiation

20 units = 1 chest xray

- Houston to Austin • 50 minutes 0.17
- Washington to Los Angeles • 4.7 hours 19
- New York to Athens • 9.4 hours 61.3

During a solar storm the exposure can increase 20 fold

Flight Crew Exposure

Dr. Robert Barish

Federal Aviation Administration

- Acceptable exposure for the general public is 1000 units per year
- Acceptable exposure for a flight crew is 20,000 units per year
- That's 1000 chest x-rays per year



Juice PLUS+
Orchard Blend
60 Capsules

Juice PLUS+
Garden Blend
60 Capsules

Reduction of DNA Damage by Juice Plus+

Smith MJ, Nutrition Research, 1999.

Brigham Young University Department of Microbiology

U of Arizona Cancer Institute

Elderly men and women; smokers and non-smokers

66% Reduction of DNA damage

14,053,040,000,000,000

fewer mutation opportunities per year

