

“No-Milk” Shakes with Juice Plus+ Complete

Recipes for Chocolate Juice Plus+ Complete:

1. To Die for Chocolaty Peanut Butter Banana Shake

- 1 scoop Chocolate Juice Plus+ Complete
- 1/2 frozen banana, cut into chunks
- 1/2 cup hemp milk or almond milk
- 2 teaspoons all-natural peanut butter
- 1/4 cup water
- 2 teaspoons unsweetened cocoa powder (such as Ghirardelli brand), optional

Blend ingredients for 30-40 seconds in a high speed blender such as a Vitamix.

2. German Chocolate Cherry Cake

- 1 scoop Chocolate Juice Plus+ Complete
- 1/2 cup frozen cherries
- 1/2 cup almond milk
- 2 teaspoons almond butter
- 1/4 cup water
- 2 teaspoons unsweetened cocoa powder (such as Ghirardelli brand), optional

Blend ingredients for 30-40 seconds in a high speed blender such as a Vitamix.

3. Next Best Thing to an “Almond Joy”

- 1 scoop Chocolate Juice Plus+ Complete
- 1/2 cup almond milk
- 1 tablespoon almond butter
- 1/4 teaspoon pure almond extract
- 2 tablespoons unsweetened, un-sulfured raw shredded coconut
- 1/2 cup ice cubes

Blend ingredients for 30-40 seconds in a high speed blender such as a Vitamix.

4. Chocolate-Almond Raspberry Decadence

- 1 scoop Chocolate Juice Plus+ Complete
- 1/2 cup almond milk
- 1 tablespoon almond butter
- 3/4 cup frozen raspberries
- 1/4 cup water
- 1/4 teaspoon pure almond extract
- 1 tablespoon hemp seeds

Blend ingredients for 30-40 seconds in a high speed blender such as a Vitamix.