

JP+ Complete Power Bars

1 C Juice Plus+ Complete Vanilla (you can substitute the JP+ Chocolate Complete too!)
1 C Rolled Oats
1 C High Fiber/High Protein Cereal (I use "Go Lean Crunch")

1 C Natural Crunchy or Creamy Peanut, Almond, Cashew or Tahini Butter
1 C Honey
Handful of chocolate or Carob Chips to top, not needed just fun for the kids!

Heat PB and Honey to almost boiling, Mix dry ingredients then add together until combined.
Press warm mixture firmly into a brownie pan and then push choc chips into top. Chill, cut & serve

JP+ Complete "Super Powered" Power Bars

1 C Juice Plus+ Complete Vanilla (you can substitute the JP+ Chocolate Complete too!)
1 C Rolled Oats
1 C High Fiber/High Protein Cereal (I use "Go Lean Crunch")
¼ C each: Chia Seeds, Ground Flax, Millet, Quinoa, Amaranth and Black Walnuts
1 ½ C Natural Crunchy or Creamy Peanut, Almond, Cashew or Tahini Butter
1 ½ C Honey
Handful of chocolate or Carob Chips to top, not needed just fun for the kids!

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