

THE HEALTH ISSUE TIME

How Not
To End
Up Here



It's All About Prevention.
The first step toward containing health-care costs is to avoid getting sick. Here's what it takes

INSIDE
GADDAFI'S
PALACE

Whoa, cowboy:
How Romney
can beat Perry
BY JOE KLEN

FALL PREVIEW
Your cultural
calendar,
sorted

Cheney
unbound
BY BARTON GELLMAN

TIME

SPECIAL NUTRITION ISSUE



What to Eat Now



UNCOVERING THE MYTHS ABOUT FOOD BY DR. OZ



PLUS: ARE
VITAMINS
WORTH IT?



Why Obama
Wants a Team
Of Rivals

Justin Fox
On How to
Save GM

Should You
Buy a
Windmill?

TIME

Ahhh...

Ohhh...

Annual Checkup
**The Sorry
State of
American
Health**

Despite advances in medicine, Americans are less healthy than we used to be, and the next generation may be even worse off. How to reverse the trend—before it's too late

PLUS: The Year in Medicine A-Z

TIME

BUSH'S
MILITARY RECORDS
IS DISNEY MOUSETRAPPED?

THE SECRET KILLER

■ The surprising link between **INFLAMMATION** and **HEART ATTACKS, CANCER, ALZHEIMER'S** and other diseases
■ What you can do to fight it

Afghanistan:
Racing to
Save Lives

Toyota:
The Fall of
An Icon



Reality TV:
Why It's Better
Than You Think

The Oscars:
The Year's Best
Performances

TIME

The Science of Living Longer

SPECIAL
22-PAGE
HEALTH
SECTION



THREE GENERATIONS
Lela, 7; mother
Krisina, 37;
grandmother Lela, 65

INSIDE THIS ISSUE:
A 48-PAGE
SPECIAL SECTION

THE BEST
INVENTIONS
OF 2006

TIME



GOD VS. SCIENCE

A spirited debate between
atheist biologist **Richard Dawkins**
and Christian geneticist **Francis Collins**



Goldman's Blankfein
On Why They've
Done Nothing Wrong

Joe Klein Takes
On the GOP's
Scare Tactics



No Laughing
Matter: Comedy in
The Age of Obama

TIME



WARNING: This hamburger may be hazardous to your health. Why the American food system is bad for our bodies, our economy and our environment—and what some visionaries are trying to do about it.

The Real Cost of Cheap Food

BY **BRYAN WALSH**



How Obama Is
Fighting Internet
Innuendo



Inside China's
Gold Medal
Machine

TIME

SPECIAL
HEALTH ISSUE

Our Super-Sized Kids

It's not just genetics and diet. An in-depth look at how our lifestyle is creating a juvenile obesity epidemic—and the scoop on how to cure it.



THE YEAR IN MEDICINE

TIME

THE STEALTH KILLER

America's **HIGH BLOOD PRESSURE** crisis is spinning out of control. Learn about it, treat it—and maybe save your life



TIME

WHY YOUR DNA ISN'T YOUR DESTINY

The new science of epigenetics reveals how the choices you make can change your genes—and those of your kids

BY JOHN CLOUD



"People are fed by the FOOD industry, which pays no attention to HEALTH..."

And are treated by the HEALTH industry, which pays no attention to FOOD."

Wendell Berry



YOU WOULDN'T EAT 22 PACKS OF SUGAR. WHY ARE YOU DRINKING THEM?



Environment Special:
The oceans—why 70%
of our planet is in danger

The Facebook Movie:
The secret history of
social networking

TIME



How the
first nine
months
shape
the rest
of your life

The new science
of fetal origins
BY ANNE MURPHY HALL

The New Science of
Fetal Origins

eat
play
learn

THE COMING JOB BOOM ■ PAKISTAN'S SPY AGENCY ■ REUNION TV

TIME



INSIDE
THE WORLD
OF AUTISM

Tiffany Barnett, 11,
of San Jose, California,
has Asperger syndrome

More than one million Americans
may have it, and the number
of new cases is exploding.
What scientists have discovered.
What families should know.

grow
your
kids
with
fruits
and
veggies