PRODUCT NEWS



• CELESTIAL SEASONINGS TEA — The following teas **DO** have a gluten containing ingredient, and are therefore *NOT* gluten-free: Almond Sunset, Canadian Vanilla Maple Decaf, Detox A.M., Echinacea, English Toffee, Gingerbread Spice, Ginseng Energy, Roastaroma, Sugar Cookie Sleigh Ride, Sugar Plum Spice, Vanilla Hazelnut

For further assistance, call 1-800-434-4246, Monday through Friday from 7am – 5pm Mountain Time. For more information visit: www.celestialseasonings.com

• JUICE PLUS+* — Juice Plus+*
capsules are regularly tested using
Tepnel ELISA methodology (AOAC
method 991.19) for the presence of
gluten, and they can be classified
according to the Codex Alimentarius
Commission standard as gluten-free.
For more information visit
www.juiceplus.com

• MESQUITE FLOUR — Another great gluten-free choice. There is a new flour called mesquite flour, made from the ground up pods of the mesquite tree or bush. A new company, Ruby Range, offers the flour, a basic flour mix, and mixes for cookies, cakes, cupcakes, truffles, and pancakes. The flour has a good fiber content, a low glycemic level, and a good protein content. For more information, go to www.therubyrange.com.

• GLUTENFREEFORME.COM —
This site offers a wide selection of
wheat free/gluten free pastas, and mixes,
and breads. They are dedicated to
serving you the most delicious tasting,
wheat-free, gluten-free, foods with
reasonable prices and fast delivery.
www.glutenfreeforme.com

BREYERS YOCRUNCH YOGURT

 The yogurt portion of all YoCrunch is gluten free. The two toppings that are gluten free are the Mini M&M's and

Mini Reese Pieces. Also, the yogurt portion is nut free and there is no cross contamination of nuts in the yogurt portion. Each of their toppings has separate allergen statements, some of which do cite nuts as an ingredient or cross contamination possibility. So please check the nutritional information for the specific flavor in question. www.yocrunch.com *ListServ, Kelly A.*

• PRESCRIPTIONS — Visit www.glutenfreedrugs.com. for information on your prescription or OTC medications. The website is maintained by a clinical pharmacist at the Nationwide Children's Hospital of Columbus, Ohio.

• IMAGINE FOODS VEGETABLE STOCK — This vegetable stock is both gluten-free and kosher. Use it for recipes calling for meat broth or stock. For this and other products, go to: www.imaginefoods.com/products/index.php ListServ, Lin G.



Now you can enjoy your favorite foods again!

To see our entire range of gluten free foods, visit www.amys.com

